MV INTERNATIONAL SCHOOL

AFFILIATED TO CBSE, NEW DELHI

Pre-Nursery to 12th (Science / Commerce / Arts)
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CLASSES (I to V)

V International School has been working with a vision of overall growth of its students by strengthening humanitarian values like wisdom, compassion, courage, humility and integrity. Our curriculum is balanced between academics, co-curricular activities, sports and life skills learning. This is the 2nd edition of News Letter "Connect" that carries details of activities of the Junior School (1nd to 5nd) for Term-1 from April to September 2018.

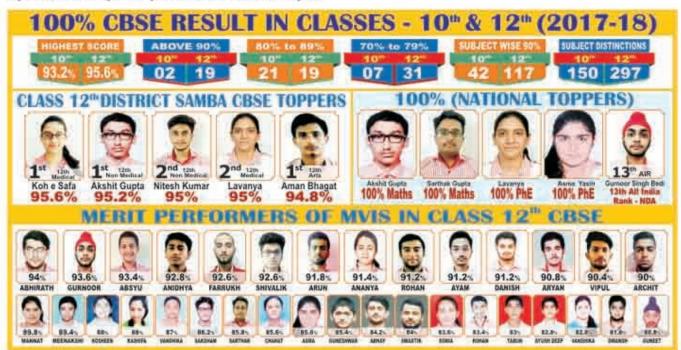
Various dignitary visits have been organised in school to inspire & motivate the young talents of MVIS & give them insight in the life of the successful people- Mr. Surya Bhanu Pratap Singh Chib, Bronze Medallist in WUSHU at Asian Games 2018, held at Jakarta, Indonasia graced our school on the occasion of National Sports Day along with Mr. Ranjeet Kalra Vice Chairman J&K State Sports Council, Ms Manpreet Kour & Ms Palak Kour, International Gymnasts and Sher-E-Kashmir Awardees. Mr. Chandeep Singh Sudan, two times World Record holder in Para-



HIRA LAL ABROL

Roller Skating and International Medallist in Para-Taekwondo and Prabhu Sudarshan Dass Ji from ISKCON Temple, Udhampur were the prominent visitors on different occasions, they inspired the children to achieve greater heights. Our team of painters brought laurels by winning overall trophy and the Chess enthusiasts won bronze medals in Inter School Painting & Chess Championships organised by Jammu Sahodaya, where all prominent CBSE Schools of Jammu Division participated.

Plethora of events are organised in school that provide wide learning platforms to children, which include - Visit to Press Unit of Punjab Kesari, Games and Sports at State, National and International Levels, Counselling Sessions, Guest Lectures, Celebration of Days of Importance etc. It is heartening to share that **Namandeep Singh** of class XI from MVIS went through series of processes from School Level to National Level and is finally selected for training in weightlifting at Sports Authority India Training Institute, Ludhiana. Two students have been selected for 30th World Speed Ball Championship to be held in Kuwait this year.



GROUP A: (CLASSES 1ST & 2ND)

INTER SECTION ENGLISH POEM RECITATION COMPETITION (25-04-2018)

Poem is a form of self-expression and gestures. An Intersection English Poem Recitation Competition was organized for Classes 1st and 2st in which the students recited poems with lot of confidence and energy. Following students were the winners:

Aaradhya Samnotra(1A), Anchita Sharma(2A) 1" Position:

2nd Position: Pardeep Sharma(1B), Ayaan Sharma(1C), Ashima Sambyal (2A)

3" Position: Ranveer Singh Saini(1A), Pradhyumn Sharma(2B)

INTER SECTION COLOURING COMPETITION (02-05-2018)

Budding painters of the school participated in Inter Section Colouring Competition and filled the canvas with the colours of their imagination. The winners were:

1" Position: Arush Choudhary (1A) & Divya (2B).

2" Position: Vidhi Slathia(1C) & Shiv Krishna Kumar (2A).

3" Position: Jeevika(1B) & Sarisha Verma(2C).



INTER SECTION SHOW & TELL COMPETITION (09-05-2018)





In this activity the participants spoke about their favourite toys/cutouts. They judged for their confidence, facial expression and voice modulation. Winners were:

1" Position: Aniket Sharma (1A), Anchita Sharma (2A)

& Pranusha Sharma (2A) 2" Position: Bhavika (1B) & Ashima Sambyal (2A) 3rd Position: Advittevaa Singh (1A), Rimsha (1A)

& Amrit Kour(2C)

INTER SECTION CLAY MODELING COMPETITION (25-07-2018)

In this activity the participants exhibited their creativity and hands on skills to form various models of fruits and vegetables out of clay and the winners were:

1" Position: Haniya Gupta (1C), Ojash Sharma (2B)

2nd Position: Manvi Choudhary(1A), Jeevika (1B), Ashima Sambyal(2A) 3rd Position: Rishita Choudhary (1A), Lakshita (2A), Jigar Chahal (2B)





INTER HOUSE PATRIOTIC GROUP SONG COMPETITION (01-08-2018)



High spirit of patriotism was created in school campus by way of this group song competition. The singers thrilled the audience with their chorus patriotic songs and music. The Supremes House' emerged as winner.

1" Position (The Supremes House):

Pranav Verma(2A), Vanshika Raina(1C), Ayaan Sharma(1C), Vasundhara (1B), Khusboo Slathia(2B), Amrit Kour(2C), Sarisha Verma(2C) & Ifrha Akhtar(2C).

2nd Position (The Invincibles House):

Viraj Angral(1A), Avichal Singh(1A), Advitteyaa Singh(1A), Rohit Choudhary(2C), Gantavya Upadhaya(2C), Akshlendera Choudhary(2C).

3" Position (The Victors House):

Hariyot Singh(2A), Arva Saini(2A), Divva Verma(2A), Muskan (2A), Himanshu Shekhar (1C), Tanika Chadgal (1C), Simran Choudhary (2A)

INTER SECTION FUN GAMES (08-08-2018)

Children love to play and move out of the classrooms to seek joy and to return back refreshed with lot of energy. Variety of Fun Games like Snakes & Ladders, Balance beam, Keeping Balloon in the Air, Know my Shape, I Spy, Touch & Feel etc. were organized for classes 1" and 2". The Student participation and enthusiasm during the event was a treat to watch.





INTER SECTION ETHNIC FASHION SHOW (12-09-2018)

Juniors of classes 1" & 2" walked down the ramp donning ethnic wear at Amphitheatre of School. The children were dressed in colorful Ghaghra Cholis, Sarces, Salwar Suits, Kurta Pyjama, Dhoti Kurta, Sherwanis etc. Their movements were highly professional and in sync with the beats of music. Class wise winners were:

1" Position: Rishita Choudhary (1A), Anchita Sharma (2A) &

Pranusha Sharma (2A).

2nd Position: Aaradhya Samnotra(1A), Soumyaa(1B), Aarav Sharma(2A) &

Aashima Sambyal (2A).

3rd Position: Aniket Sharma(1A), Kanika Rattan(1B), Mahul Saini(1C),

Jaswinder Singh(2C) & Aadhya Taggar(2C).



GROUP B: (CLASSES 3" TO 5"

INTER HOUSE BOYS FOOTBALL CHAMPIONSHIP (25-04-2018)

The Invincibles House lifted the trophy by defeating The Maestros House' by a margin of 2 goals.

Winning team from The Invincibles House:

Dushyant Slathia (3D), Pavneet Singh (4A), Vedaant Singh Choudhary (4A), Shivam Multonia (4B), Siddhant Singh Sambyal (4C), Tanish Sharma (4C), Mhd. Zahid (4C), Aakash Sambyal (4D), Akshit Sharma (4D), Rudraksh Sharma (5B), Eklavya Chowdhary (5B), Mayank Jamwal (5B), Navy Singh Sambyal (5B), SarthakSlathia (5C), Gorish Namotra (5C) & Nishant Digra (5C).

Runners Up team of The Maestros House:

Arun Digra(3B), Rudranash Slathia (3B), Abhay Salgotra (3C), Rajveer Singh (4A), Vinod Kumar (4A), Dharya Veer Singh (4A), Nitish Sambyal (4C), Shourya Veer Singh (4C), Gagandeep Singh (4C), Aarav Mehra (4C), Rushil Gupta (4D), Anmol Sharma (4D), Aditya Sharma (5A), Harsh Choudhary (5B), Chinmay Pargotra (5B) & Avinash Kaith (5B).



INTER HOUSE GIRLS KHO KHO CHAMPIONSHIP |25-64-2018

The Victors House' team dominated the event in true spirit of the game to win over The Maestros House' by six (6) points to zero (0).

Winning team from The Victors House:

Rudrakshi Sharma(4A), Niva Vaid(4A), Tanshu Sharma(4B), Akshra Sharma(4C), Kritika Slathia(4C), Rashi Sharma(4C), Divyanshi Sharma (4C), Shalini Hansa(4D), Apeksha Gupta(4D), Akshita Baboria(5A), Garima Sharma(5A) & Divyanshi Katal(5B).

Runners up team of The Maestros House:

Aakriti(3A), Simon Mahajan(3D), Ishika Rani(3D), Harshita(4A), Manya Sharma(4A), Akshita Sharma(4B), Ritika Bhagat(4C), Sanjali Kumari(4D), Chahat Attri(5A), Pavni Kumari(5A), Aditi Sharma(5B), Utkarsha(5B) & Mannat Bhagat(5B).



This competition was a display of rhythm, clear expressions and confidence.

1st Position Winners from The Supremes House:

Aakriti(3A), Ayush Joshi (3A), Ashwika(5C), Gunjan Dutta(5A).

2nd Position was scored by The Invincibles House:

Shikha(4A), Pearl(4C), Ridhima Sambyal(5A), Madhvan Sambyal(5B).

3"Position winners The Victors House:

Pragun Manhas(3A), Ashwika Mahajan(5A), Rudrakshi Sharma(4A), Akshita Baboria(5A).







INTER HOUSE GIRLS BADMINTON TOURNAMENT (09-05-2018)

The shuttlers of 'The Victors House' lifted the SINGLES TROPHY against the 'The Supremes House' and 'The Supremes House' won the DOUBLES TROPHY against

'The Maestros House'

The Victors House: Rakhi(5C)

The Supremes House: Gunjan Dutta (5A) & Usha Manhas (5A) &

Vanshika Devi

The Maestros House: Mahi Choudhary (4B) & Mannat Bhagat (5B)



Runners Up team from The Invincibles House: Sarthak Slathia (5C), Ansh Choudhary (5C), Vedaant Singh Choudhary (4A), Pavneet Singh (4A), Shivam Kumar (4D), Aakash Sambyal (4D), Kartikya Bhan (4B), Aryan Singh (4B), Suryakintan Singh Bagal (3C), Mayank Jamwal (5B) & Navy Singh Sambyal (5B).

INTER HOUSE HINDI DEBATE COMPETITION (25-07-2018)

The topic of debate was "क्या स्कूलों में जंक फूड पर पानंदी लगा देनी चाहिए या नहीं?" and the participants justified their stand with and against the motion in a highly skillful manner. The Invincibles House emerged as the winner.

1" Position (The Invincibles House): Ridhima Sambyal, Ayana Dabgotra,

Madhvan Sambyal of class 5A.

2nd Position (The Supremes House): Shradha Sharma (3B), Anshita Sharma (5C),

Gunjan Dutta(5A).

3" Position (The Victors House): Rudrakshi Sharma(4A), Kritagya Singh (4C).

Pihu Slathia (3C).



INTER SECTION RAKHI & CARD MAKING COMPETITION(01-08-2018)

To honour true spirit of brotherhood and to spread message of love, faith and culture. Inter Section Rakhi Making and Card Making Competitions were organized in the school premises. Highly attractive Rakhis and Cards with colourful designs were prepared by using mauli thread, rice, colourful beads, ivory sheet, ribbons etc.

Winners of Rakhi Making Competition:

1" Position: Shradha Sharma(3B), Nitish Menia(4C), Erika Pargal(5C)
2" Position: Atish Kumar(3D), Aditya Sharma(4C), Ashwika Mahajan (5A)

3" Position: Ajay Kumar(3C), Pearl (4C), Prikshit Singh(5B)

Winners of Card Making Competition:

1" Position: Shivangi Sharma (3C), Mannat(4C), Uttkarsha(5B)
2"Position: Pihu Slathia(3C), Vanshika Devi(4C), Mahapara(5C)
3"Position: Shreya Sharma(3C), Krity Angral(4C), Ayana Dabgotra(5A)



INTER SECTION ORIGAMI COMPETITION (08-08-2018)



Origami is a Japanese art of paper folding, a fun filled Inter Section Competition was organized to check the vital skills of the participants. They created unique shapes of houses, fan, fish, flower, boat, butterfly, dog, bird etc. and displayed them with great pleasure. Winners were:

1* Position: JasmeetKour (4D), Ashwika(5C)

2"d Position: Vedaant Singh Choudhary (4A), Chahat Attri(5A)
3"d Position: Rushil Gupta (4D), Madhvan Sambyal (5A)

INTER SECTION TEARING & PASTING COMPETITION (08-08-2018)

In this group activity the participants skillfully tore coloured papers and pasted them on given picture to create attractive and vibrant collages. Winners were:

1" Position: Nainika Nanda (3A), Vanshika Changotra (3A),

Tahira Choudhary(3A), Samiksha Sharma(3A), Monika Devi (3A).

2" Position: Shradha Sharma(3B), Gouranshi Sharma(3B),

Tarun Slathia(3B), Samreen Singh (3B), Agamveer Singh(3B).

3rd Position: Preeti (3B), Navya Kundan(3B), Jasleen Kour(3B),

Rayneet Kour(3B), Anirudh Vaid(3B).





INTER SECTION DESIGN YOUR OWN VEHICLE COMPETITION (12-09-2018)

This was the 'Best Out of Waste' activity to teach children about recycling and the importance of environmental protection. The participants of innovated and collaborated design vehicles out of their imagination by using waste material like plastic bottles, cartons, CDs, straws, ice cream sticks etc. Class wise winners of the competition were:

1" Position: Tanmay Khajuria (5A), Samreeti Gupta (4D) & Agamveer Singh (3B)
2" Position: Koshika Slathia (5A), Kritagya Singh(4C) & Harshpreet Kour(3A)
3" Position: Pavni Kumari (5A), Redhima Sharma (4B) & Hridhay Balgotra(3D)

Special Programmes

PARENTAL INTERACTION PROGRAM

With an objective to share academic calendar for the upcoming session as well as CBSE guidelines, class wise 'Parental Interaction Program' was organized from 17th to 23rd April 2018. Important issues related to effective parenting and expectations were discussed by the school Principal and the Staff during this program. Majority of the parents participated in this week long exercise. Mr. Gourav Abrol Director MVIS



shared the schools vision and thanked the parents for their participation in the schools progress.



RED CROSS DAY

An Inter House Rally was conducted on 08th May 2018 in the school as a mark of respect for Red Cross Volunteers who work tirelessly and selflessly to promote humanitarian principles, disaster response and health care in the community. The participants shared their thoughts by means of slogans and posters. Students, Teachers and respective House Wardens participated in the event.



Students of classes 1" to 5" attended a power packed counseling session with Dr. Chand Trehan, Freelance Psychologist and Counselor. It was held to support the cause of creating awareness about child safety. In-depth discussions and interactive sessions were held during the program were self-awareness quotient of the children was raised. The counselor took them through a journey to understand the differences between 'good' and 'bad' touch. The session closed with a poster making activity on the theme "My Safe Circle".



SAHODAYA INTER SCHOOL PAINTING COMPETITION

MV International School won laurels by clinching the overall trophy in the Inter School Painting Competition-2018. It was organized by Sahodaya School Complex, Jammu Chapter at Springdales School where, more than 20 CBSE Schools from Jammu Division participated. Our School secured overall 1" position by winning two 1" and one 3" prize. In class 5" category- Pavni Kumari (5A) won 1" position; Sanjali Kumari (4D) also won 1" position in class 4" category and in class 3" category Aafia Choudhary of class 3D stood third (3").

VANMAHOTSAV CELEBRATION

Children of Junior School had volunteered to plant seeds/saplings of fruits, vegetables & flowers in the Summer Break; they nurtured and watched them growing up to bear flowers/fruits. It was a heartening sight to witness and exhibition of the collection done by the children. A special program 'Vanmahotsav' was organized to carry out plantation drive in the school campus on 20th July 2018. Mr. Gourav Abrol, Director, MVIS and Principal Mr. K.L. Dogra, interacted with the children, discussed the importance of plants and vegetation in our life as well as the need for forest conservation.



INDEPENDENCE DAY CELEBRATION

72nd Independence Day was celebrated with great enthusiasm and patriotic fervor; all students of the school joined together in a giant formation to symbolise the day. S. Chandeep Singh Sudan, two time world record holder in Para Roller Skating and International medalist in Para Taekwondo witnessed the cultural program as Chief Guest. Students of Prep School presented a dance; they were dressed up as our sacred freedom fighters that made supreme sacrifice for our motherland. Senior students too presented a colourful program on the occasion. Chandeep Singh motivated the students to keep working hard to fulfill their dreams. Family Members of Chandeep Singh Sudan & Sh. Brij Mohan, Music Director were present as Special Guest on the occassion.



NATIONAL SPORTS DAY

MV International School organized a special program to celebrate 'National Sports Day' in school premises on 29th August 2018. Mr. Ranjeet Kalra, Vice Chairman J& K State Sports Council was the Chief Guest on the occasion. Mr. Surya Bhanu Partap Singh Chib, Bronze Medallist in WUSHU at Asian Games 2018, held at Jakarta, Indonasia was the Star Guest of the event. He advised children to do their best in which ever field they feel to excel in. Ms. Manpreet Kour & Ms. Palak Kour, International Gymnasts and Shere-Kashmir Awardees were the Guests of Honour. They interacted with the students and shared their vision and the glory of career in sports. Sh. Hira Lal Abrol Chairman of the school graced the occasion with his presence. Mr Gourav

Abrol, Director MVIS, shared his vision for development of International Level Sports facility at MV International School. Students along with their coaches showcased splendid performances of martial arts, yoga and gymnastics. Prize distribution in sports for Junior Wing was organized on the occasion.

ONLY SCHOOL IN DISTRICT SAMBA WITH 4 NATIONAL EDUCATIONAL AWARDS (2016-18)



