

# MV INTERNATIONAL SCHOOL

AFFILIATED TO CBSE, NEW DELHI

Pre-Nursery to 12th (Science / Commerce / Arts)

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SENIOR SCHOOL  
CLASSES (VI to XII)

EDITION<sup>th</sup>  
**5**  
*Connect*

Volume - V  
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**E**ducation awakens the power and beauty that lie within us. MV International School works with a vision to nurture different facets of children in order to see them developing into vibrant students, responsible citizens and above all, generous human beings. We are issuing the 5<sup>th</sup> edition of News Letter "Connect" for Senior School; highlighting the towering standards in the field of academics and other essential skills.

Various dignitary visits have been organised in school to inspire & motivate the young talents of MVIS & give them insight in the life of the successful people- **Mr. Surya Bhanu Pratap Singh Chib**, Bronze Medallist in WUSHU at Asian Games 2018, held at Jakarta, Indonesia graced our school on the occasion of National Sports Day along with **Mr. Ranjeet Kalra** Vice Chairman J&K State Sports Council, **Ms Manpreet Kour & Ms Palak Kour**, International Gymnasts and Sher-E-Kashmir Awardees. **Mr. Chandeeep Singh Sudan**, two times World Record holder in Para-Roller Skating and **International Medallist** in Para-Taekwondo and **Prabhu Sudarshan Dass Ji** from ISKCON Temple, Udhampur were the prominent visitors on different occasions, they inspired the children to achieve greater heights. Our team of painters brought laurels by winning **overall trophy** and the Chess enthusiasts won **bronze medals in Inter School Painting & Chess Championships** organised by Jammu Sahodaya, where all prominent CBSE Schools of Jammu Division participated.



CHAIRMAN, MVIS  
**HIRA LAL ABROL**

Plethora of events are organised in school that provide wide learning platforms to children, which include - Visit to Press Unit of Punjab Kesari, Games and Sports at State, National and International Levels, Counselling Sessions, Guest Lectures, Celebration of Days of importance etc. It is heartening to share that **Namandeep Singh** of class XI from MVIS went through series of processes from School Level to National Level and is finally selected for training in weightlifting at Sports Authority India Training Institute, Ludhiana. Two students have been selected for 30<sup>th</sup> World Speed Ball Championship to be held in Kuwait this year.

## 100% CBSE RESULT IN CLASSES - 10<sup>th</sup> & 12<sup>th</sup> (2017-18)

HIGHEST SCORE		ABOVE 90%		80% to 89%		70% to 79%		SUBJECT WISE 90%		SUBJECT DISTINCTIONS	
10 <sup>th</sup>	12 <sup>th</sup>	10 <sup>th</sup>	12 <sup>th</sup>	10 <sup>th</sup>	12 <sup>th</sup>	10 <sup>th</sup>	12 <sup>th</sup>	10 <sup>th</sup>	12 <sup>th</sup>	10 <sup>th</sup>	12 <sup>th</sup>
93.2%	95.6%	02	19	21	19	07	31	42	117	150	297

### CLASS 12<sup>th</sup> DISTRICT SAMBA CBSE TOPPERS

1 <sup>st</sup> 12 <sup>th</sup> Medical	1 <sup>st</sup> 12 <sup>th</sup> Non Medical	2 <sup>nd</sup> 12 <sup>th</sup> Non Medical	2 <sup>nd</sup> 12 <sup>th</sup> Medical	1 <sup>st</sup> 12 <sup>th</sup> Arts
Koh e Safa	Akshit Gupta	Nitesh Kumar	Lavanya	Aman Bhagat
95.6%	95.2%	95%	95%	94.8%

### 100% (NATIONAL TOPPERS)

100% Maths	100% Maths	100% PhE	100% PhE	13 <sup>th</sup> AIR
Akshit Gupta	Sarthak Gupta	Lavanya	Aama Yasin	Gurmoo Singh Bedi
100% Maths	100% Maths	100% PhE	100% PhE	13 <sup>th</sup> All India Rank - NDA

### MERIT PERFORMERS OF MVIS IN CLASS 12<sup>th</sup> CBSE

94%	93.6%	93.4%	92.8%	92.6%	92.6%	91.8%	91.4%	91.2%	91.2%	91.2%	90.8%	90.4%	90%					
Abhirath	Gurnoor	Absyu	Anidhya	Farrukh	Shivalik	Arun	Ananya	Rohan	Ayam	Danish	Aryan	Vipul	Archit					
89.8%	89.4%	88%	88%	87%	86.2%	85.8%	85.6%	85.6%	85.4%	84.2%	84%	83.6%	83.4%	83%	82.8%	82.5%	81.6%	80.8%
Mamnat	Meenakshi	Kishor	Kashra	Vanisha	Saksham	Sarthak	Chahat	Ama	Gurshwar	Abhay	Sneha	Soni	Rohan	Tarun	Ajay Deep	Vanisha	Omair	Guneet

## GROUP C: (CLASSES 6<sup>TH</sup> & 8<sup>TH</sup>)

### INTER HOUSE COLLAGE/POSTER MAKING COMPETITION (20-04-2018)

Co-curricular activities for the session began with Inter House Collage/Poster Making Competition. The aim was to explore the students' creativity. Topic for collage making was "Labour Day" and theme for poster making competition was "Anti Tobacco Day".

#### Winners of the Collage Making Competition were:

- 1<sup>st</sup> Position (The Invincibles House)** Janvi(7C), Tanvi (7C) & Minal (7C)  
**2<sup>nd</sup> Position (The Victors House)** Punika Choudhary(8B) & Kashish Attri(8B)  
**3<sup>rd</sup> Position (The Maestros House)** Diya Sharma (8C) & Prabhleen Kour(7A)

#### Winners of the Poster Making Competition were:

- 1<sup>st</sup> Position (The Victors House)** Lakshita Verma(8C) & Urmislatia(8C)  
**2<sup>nd</sup> Position (The Invincibles House)** Khushi(8B) & Malvika Dalpatian(8B)  
**3<sup>rd</sup> Position (The Supremes House)** Sahil Khanna(7C) & Anmol Verma(6B)



### INTER HOUSE RANGOLI MAKING/ FLOWER ARRANGEMENT COMPETITION (27-04-2018)



To develop aesthetic sense among the students, Inter House Rangoli Making Competition was organized on the topic 'Cultural Heritage of India'. Inter House Flower Arrangement Competition on the theme 'Nature' was also organized in which the students of classes 6<sup>th</sup> to 8<sup>th</sup> made exclusive displays of creative skills.

#### Winners of the Rangoli Making Competition were:

- 1<sup>st</sup> Position (The Victors House):** Lakshita Verma(8C), Urmislatia(8C), Anjali Thappa(8C) & Sandeep Kour(8A)  
**2<sup>nd</sup> Position (The Supremes House):** Sahil Khanna(7C), Ashima Jerngal(8A), Manvi Jamwal(8A) & Hardeep Kour(7C)  
**3<sup>rd</sup> Position (The Invincibles House):** Haridhika Chadgal(8A), Bhumika(8A), Shivika Tomar(7D) & Shurti Sharma(7B).

#### Winners of the Flower Arrangement Competition were:

- 1<sup>st</sup> Position (The Invincibles House):** Priya Banotra(8C), Akashi Digra(8C) & Minal Angurana(7C)  
**2<sup>nd</sup> Position (The Victors House):** Vanshmeet Kour(8B), Punika Choudhary(8B) & Kashish Attri(8B)  
**3<sup>rd</sup> Position (The Supremes House):** Sanna Dadwal(7D), Pranjal Verma(7D) & Tanya Singh(8B)



### INTER HOUSE ENGLISH DEBATE COMPETITION (04-05-2018)

Debate is an academic activity that gives the students, a creative room to express what they feel. Topic of the inter house debate was 'Are video games containing violence appropriate for children?' Students spoke for and against the motion. Winners were:

- 1<sup>st</sup> Position (The Invincibles House):** Geetika (6C), Bhumika(8A) & Haridhika Chadgal (8A).  
**2<sup>nd</sup> Position (The Maestros House):** Akshat Joshi(7A), Harshit Mankotia(7A) & Shivali Sambyal(7C).  
**3<sup>rd</sup> Position (The Supremes House):** Anushka Soan(7C), Sahil Khanna(7C) & Pranjal Verma(7D).



### INTER HOUSE GIRLS KHO - KHO CHAMPIONSHIP (11-05-2018)



In the Inter House Kho- Kho Championship for girls of classes 6<sup>th</sup> to 8<sup>th</sup> the teams played with the spirit of true sportsmanship. 'The Victors House' scored 9 points to defeat 'The Supremes House' by 6 points.

**Winners team from The Victors House:** Ipsita Sharma, Sneha Kumari, Manvi Choudhary, Alisha Mandotra from class (6C), Aarushi Slathia, Himanshi Basotra (6B), Pragati Sharma (7B), Neha Singh(7C), Satakshi Tiwari(7D) & Vanshika Bharti, Payal & Anjali Thappa(8A).

**Runners up of The Supremes House:** Chahat Angral, Taniya Choudhary from 7B, Mehak Slathia, Mahi Jasrotia, Parisha Sharma from class 7A, Anushka Soan, Hardeep Kour, Kritika Jerngal from class 7C, Pranjal Verma (7D) & Suhani Sharma, Janvi Sharma from class 8A.



### INTER HOUSE BOYS FOOTBALL CHAMPIONSHIP (11-05-2018)

'The Invincibles House' won final match of the tournament against 'The Victors House' by 1 goal.

**Winning team from The Invincibles House:** Rahul Choudhary, Bhanu Pratap Singh, Surya Partap Singh, Samaksh Slathia & Daksh Sadotra from class 6A, Aryan Charak(7C), Rohit Saini (7B), Harsh Saini, Gurpinder Singh & Laksh Slathia from class 8A, Nikhil Sharma, Veer Bharat, Shaan-e-Mustafa & Abhishek Kaith from class 8C, Aditya Slathia (9D).

**Runners up team from The Victors House:** Rohit, Ayush Kundan, Vasu Slathia, Akash Slathia & Avinash Choudhary from class 8C, Dharun Partap(8A), Keshav Partap, Krish Malhotra, Ankush, Rajya Vardhan & Bhawani Singh from class 7C, Gitansh, Saransh Kumar & Nitin Kumar from class 7D.

### INTER SECTION RAKHI MAKING & CARD MAKING COMPETITION (10-08-2018)

To honour the true spirit of brotherhood and spread the message of love, faith and cultural values, Inter Section Rakhi making and Card making competitions were organized in the school premises.

**Winners of Rakhi Making Competition were:**

- 1<sup>st</sup> Position:** Bhumika Gupta(6C), Sidhant(7A) & Vanshmeet Kour(8B)  
**2<sup>nd</sup> Position:** Janvi Rajput(6A), Prikshit Jamwal(7D) & Harpreet Kour(8B)  
**3<sup>rd</sup> Position:** Rishav Sharma(6B), Kartik(7A) & Parishek Mahajan(8A)

**Winners of Card Making Competition were:**

- 1<sup>st</sup> Position:** Lalit Indu Sharma(6B), Minal Angurana(7C) &  
**2<sup>nd</sup> Position:** Gambhir Singh Charak (6B), Isha(7A) & Manvi Jamwal (8A)  
**3<sup>rd</sup> Position:** Pranav Randhawa(6A), Taranjeet Kour(7B) & Manmeet(8A)



### INTER HOUSE HINDI DEBATE COMPETITION (07-09-2018)

An Inter House Hindi Debate Competition was organized on the theme "क्या परीक्षाएँ मात्र स्मरण शक्ति का मूल्यांकन है या विद्यार्थियों के ज्ञानार्जन का मूल्यांकन" The participants were judged on the basis of their content, facial expression, voice modulation, confidence and pronunciation. 'The Invincibles House' emerged as the winner by securing first position.

- 1<sup>st</sup> Position (The Invincibles House):** Madhur Chadgal (7A), Janvi (7C) & Haridhika Chadgal(8A)  
**2<sup>nd</sup> Position (The Supremes House):** Sharadha Sharma (8C), Avneet Kour(6B) & Pranjal Verma(7D)  
**3<sup>rd</sup> Position (The Victors House):** Shatakshi Tiwari(7D), Kavyansh Jamwal(7B) & Aiyana Jamwal(8A)



## GROUP D: (CLASSES 9<sup>TH</sup> TO 12<sup>TH</sup>)

### INTER HOUSE BOYS CRICKET TOURNAMENT (27-04-2018)



In a very competitive match 'The Victors House' scored 133 runs and defeated 'The Invincibles House' by 15 runs to emerge as Champions.

**Winning team from The Victors House:** Shiv Kumar, Inderjeet Singh, Amit Prakash & Harsh from 11A, Aryan Angral, Neeraj Choudhary & Sohail Alam of class 11B, Kamaljeet Singh, Surya Vardhan, Aditya Partap, Kunihar Thappa & Anmol Manyal of class 9A.

**Runners up team of The Invincibles House:** Harsh Vikram, Sandeep Targotra, Shivam Khajuria & Kushal Sharma of class 11A, Maheshwar, Aryush Raj & Sahil Singh of class 9A, Aditya Sharma, Vikas Sharma & Aryaveer Singh(9B), Prabhat Kumar, Suryansh Singh of class 9C.

## INTER HOUSE GIRLS KHO-KHO CHAMPIONSHIP (27-04-2018)

'The Victors House' defeated 'The Supremes House' by a margin of 9 points.

**Winning team from The Victors House:** Sneha Mehra, Arika Sharma & Divyanshi of class 9A, Komal Sambyal, Sehrish Sharma, Simran of class 9B, Ankita Jamwal, Vidhyanti Slathia & Tania Kundal from 9C.

**Runners Up team of The Supremes House:** Harshdeep Kour, Manvi Verma & Lakhvir of class 9B, Komal Choudhary, Saloni Sharma, Muskan Bagal, Kavita Choudhary & Sakshi of class 9C.



## INTER HOUSE GIRLS VOLLEYBALL TOURNAMENT (04-05-2018)

Final match of Inter House Volleyball Tournament was played between 'The Invincibles House' and 'The Victors House'. 'The Invincibles House' won the tournament by defeating 'The Victors House' by 5-0.

**Winning team from The Invincibles House:** Kashish (9C), Lovish Dogra (9C), Suneha (9A), Shreya Yadav (9A), Monika Jangral (9C) & Mehak Rajput (11A).

**Runners Up team of The Victors House:** Komal Sambyal (9B), Ankita Jamwal (9C), Apurva (11A), Kajal (11A), Suman (11A) & Erika (9A).



## INTER HOUSE BOYS FOOTBALL CHAMPIONSHIP (04-05-2018)

'The Maestros House' celebrated the moment of Victory after winning the tournament against 'The Invincibles House' by 1 goal to zero.

**Winning team from The Maestros House:** Shivam Khajuria, Kawaljeet, Aryanveer, Shivam Sharma, Udayveer, Kartavya, Amit, Vishal from class 11A, Simran, Kirtan, Danish from class 9C.

**Runners up team of The Invincibles House:** Aditya, Sankalp, Anmol, Rohit Bhagat, Rohit from class 9A, Paras, Harish of class 9B, Aryan, Neeraj, Aryan, Harsh of class 11A.



## INTER HOUSE ENGLISH DEBATE COMPETITION (11-05-2018)

The topic of the debate was 'Newspapers are still important and should be supported even in the Internet age'. Students spoke for and against the motion. Winners were:

**1<sup>st</sup> Position (The Maestros House):** Imran Choudhary, Anshpreet Kour & Ishaan Bharat from 9C.

**2<sup>nd</sup> Position (The Victors House):** Taniya Kundal, Prabhat Kumar & Tavleen Kour from 9C.

**3<sup>rd</sup> Position (The Supremes House):** Saloni Sharma, Komal Choudhary from class 9C & Sangeeta Rana (11A).

## INTER HOUSE DECLAMATION COMPETITION (27-07-2018)

Participants from the four houses chose famous personalities of their choice and delivered speech as it was done by chosen personality in the past. Winners were:

**1<sup>st</sup> Position (The Invincibles House):** Priyanka Dogra (11A), Barinder Singh (9A).

**2<sup>nd</sup> Position (The Supremes House):** Saloni Sharma (9C), Samriti Slathia (11A).

**3<sup>rd</sup> Position (The Victors House):** Komal Choudhary (9B), Radhika (9B).



## INTER HOUSE HINDI DEBATE COMPETITION (03-08-18)

Topic of the Hindi Debate was "क्या सरकार को आरक्षण प्रणाली खत्म कर देनी चाहिए या नहीं?" The Students spoke candidly, for and against the motion. Winners were:

**1<sup>st</sup> Position (The Victors House):** Tavleen Kour, Tania Kundal & Prabhat Kumar from 9C.

**2<sup>nd</sup> Position (The Supremes House):** Suman Jamwal, Apurva Pargal & Garima Verma from 11C.

**3<sup>rd</sup> Position (The Invincibles House):** Ayush Verma (9C), Vanshika & Haritika from 9B.

# Special Programmes

## PARENTAL INTERACTION PROGRAM

With an objective to share academic calendar for the upcoming session as well as CBSE guidelines, class wise 'Parental Interaction Program' was organized from 17<sup>th</sup> to 23<sup>rd</sup> April 2018. Important issues related to effective parenting and expectations were discussed by the school Principal and the staff during this program. Majority of the parents participated in this week long exercise. Mr. Gourav Abrol Director MVIS shared the schools vision and thanked the parents for their participation in the schools progress.



## RED CROSS DAY



An Inter House Rally was conducted on 08<sup>th</sup> May 2018 in the school as a mark of respect for Red Cross Volunteers who work tirelessly and selflessly to promote humanitarian principles, disaster response and health care in the community. The participants shared their thoughts by means of slogans and posters. Students, Teachers and respective House Wardens participated in the event.

## PRESS FREEDOM DAY

Students of MV International School got an opportunity to visit press unit of 'PUNJAB KESRI' at Bari Brahmna. It was a unique occasion for both teachers and students to learn about the working of a printing press, i.e. collecting news, designing, printing news etc. Students were excited as they asked lot of questions which were well replied.



## SELF AWARENESS PROGRAM:

MV International School organized 'Self Awareness Program' in collaboration with Directorate of Home Guards- Civil Defence & SDRF J&K in which about 200 persons including students, teachers, Civil Defence Wardens and volunteers participated. During the program, SDRF instructors delivered lecture on first aid, fire-fighting, Cardiopulmonary Resuscitation (CPR) and rescue techniques. Students of Class 10<sup>th</sup>, 11<sup>th</sup> & 12<sup>th</sup> attended the program, they assured the Civil Defence officials that they will use the gained knowledge in hour of need and will spread awareness of self defence to family and friends.



## VISIT TO BSF

Celebrating the spirit of patriotism on Raksha Bandhan, the students of MV International School tied the sacred thread to BSF Personnel and distributed sweets on the occasion. This endeavour is a symbol of universal brotherhood and fosters the spirit of unity. Over 30 girls from class 6<sup>th</sup> to 8<sup>th</sup> expressed their gratitude towards soldiers for their dedication. School choir presented melodious songs on the occasion.



## WORLD SENIOR CITIZEN DAY:



World Senior Citizen Day was celebrated at MV International School to acknowledge the contribution of the elderly people to our society. Main aim of celebrating this day was

to make our students recognize and appreciate the elderly population. Guests of the event, Mrs Prabha Slathia and Mrs Anju Gupta from Art of Living addressed students and inspired them to interact with their grandparents as they can guide, direct and make their lives worth living. Special Guest of the day was Sh. Baisakhi Ram, he is a renowned Dogri poet from District Samba, he addressed students and recited some of his poems.



## SAHODAYA INTER SCHOOL PAINTING COMPETITION:

MV International School won laurels by clinching the overall trophy in the Inter School Painting Competition-2018. It was organized by Sahodaya School Complex, Jammu Chapter at Springdales School where, more than 20 CBSE Schools from Jammu Division participated. Our School secured overall 1<sup>st</sup> position by winning two 1<sup>st</sup> and one 3<sup>rd</sup> prize. In class 5<sup>th</sup> category- Pavni Kumari (5A) won 1<sup>st</sup> position; Sanjali Kumari (4D) also won 1<sup>st</sup> position in class 4<sup>th</sup> category and in class 3<sup>rd</sup> category Aafia Choudhary of class 3D stood third (3<sup>rd</sup>).



## INDEPENDENCE DAY CELEBRATION

72<sup>nd</sup> Independence Day was celebrated with great enthusiasm and patriotic fervor; all students of the school joined together in a giant formation to symbolise the day. S. Chandeeep Singh Sudan, two time world record holder in Para Roller Skating and International medalist in Para Taekwondo witnessed the cultural program as Chief Guest. Students of Prep School presented a dance; they were dressed up as our sacred freedom fighters that made supreme sacrifice for our motherland. Senior students too presented a colourful program on the occasion. Chandeeep Singh motivated the students to keep working hard to fulfill their dreams. Family Members of Chandeeep Singh Sudan & Sh. Brij Mohan, Music Director were present as Special Guest on the occasion.

## NATIONAL SPORTS DAY



MV International School organized a special program to celebrate 'National Sports Day' in school premises on 29<sup>th</sup> August 2018. Mr. Ranjeet Kalra, Vice Chairman J&K State Sports Council was the Chief Guest on the occasion. Mr. Surya Bhanu Partap Singh Chib, Bronze Medallist in WUSHU at Asian Games 2018, held at Jakarta, Indonesia was the Star Guest of the event. He advised children to do their best in which ever field they feel to excel in. Ms. Manpreet Kour & Ms. Palak Kour, International Gymnasts and Sher-e-Kashmir Awardees were the Guests of Honour. They interacted with the students and shared their vision and the glory of career in sports. Sh. Hira Lal Abrol Chairman of the school graced the occasion with his presence. Mr Gourav Abrol, Director MVIS, shared his vision for development of International Level Sports facility at MV International School. Students along with their coaches showcased splendid performances of martial arts, yoga and gymnastics. Prize distribution in sports for Junior Wing was organized on the occasion.

## ONLY SCHOOL IN DISTRICT SAMBA WITH 4 NATIONAL EDUCATIONAL AWARDS (2016-18)

